



Ginger Sesame Flank with Rice Pilaf

Nutritional Information

Per Serving: 230 cal, 14g fat (6g sat), 60mg chol, 260mg sodium, 1g carb, 0g fiber, 25g protein.

Per Serving: Rice Pilaf: 290 cal, 6g fat (1g sat), 0mg chol, 495mg sodium, 53g carb, 1g fiber.

Contains: Soy.

Lifestyle: Gluten-Free. Dairy-Free. Nut-Free.

At-Home Keto-Friendly Modification: Omit rice.

Ingredients: flank steak, GF soy sauce, sesame oil, ginger, garlic. **Rice Pilaf:** rice, grated carrots, canola oil, miso, GF/DF chicken base, cilantro.

Please Note: Because Dinner Done dishes are hand-crafted, exact information may vary. Serving Size: 3 servings per entrée, unless otherwise stated. Nutritional information provided is per serving.



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