

Pumpkin Chicken Alfredo Lasagna

Cooking Instructions

This is an all-in-one dish.

Note: This dish takes a long time to cook from frozen. For a shorter cooking time, thaw in fridge 24–48 hours in advance.

Cooking Method – Choose One:

Freezer to Oven: Preheat oven to 375°F. Bake, covered loosely with foil, on center rack for 1 hour 20 minutes. Uncover and bake 30 minutes more, until steaming throughout. Let sit 10 minutes before serving.

Thawed: Preheat oven to 400°F. Bake, covered loosely with foil, on center rack approximately 1 hour, until heated throughout. Uncover last 20 minutes to let top brown.

Internal temp: 165°F.

Serving Suggestions: Serve with a field green salad and crusty French bread. Pinot Gris.

Please Note: Cooking times are estimates and vary based on your actual oven, as well as item thickness and starting temperature. For best results, always verify the internal temperature of your meals. We recommend instant-read pocket thermometers – they are inexpensive, convenient, and very easy to use.



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