

Meatball Lasagna

Nutritional Information

This is an all-in-one dish.

Note: This dish takes a long time to cook from frozen. For a shorter cooking time, thaw in fridge 24-48 hours in advance.

Lasagna Cooking Method – Choose One:

Thawed: Preheat oven to 400F. Bake, covered loosely with foil, on center rack approx 45-60 min until heated throughout.

Freezer to Oven: Preheat oven to 400F. Bake, covered loosely with foil, on center rack for approx 1 1/2 hours. Uncover last 10-15 minutes and let top brown. Let sit 10 min before serving.

Internal Temperature: 165F.

Serving Suggestions: Serve with fresh garlic bread and a salad of European field greens mixed with artichoke and heart of palm. Merlot.

Please Note: Cooking times are estimates and vary based on your actual oven, stovetop, or slow cooker, as well as item thickness and starting temperature. For best results, always verify the internal temperature of your meals. We recommend instant-read pocket thermometers – they are inexpensive, convenient, and very easy to use.



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