



Parmesan Herb Crusted Cod

Nutritional Information

Per Serving: 360 cal, 19g fat (8g sat), 100mg chol, 660mg sodium, 9g carb, 1g fiber, 1g sugar, 27g protein.

Contains: Dairy. Wheat. Seafood/Cod.

Lifestyle: Nut-Free.

Ingredients: Coming soon.

Please Note: Because Dinner Done dishes are hand-crafted, exact information may vary. Nutritional information calculated based on 3 servings per entrée.



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