



BBQ Bacon Cheddar Meatloaf

Nutritional Information

Per Serving: Meatloaf: 513 cal, 28g fat, 11g saturated fat, 130mg cholesterol, 1000mg sodium, 22g carbohydrates, 3g fiber, 5g sugar, 44g protein. **Glaze:** 80 cal, 0g fat, 280mg sodium, 20g carbohydrates, 18g sugar, 0g protein.

Contains: Dairy. Eggs. Wheat. Fish.

Lifestyle: Nut-Free.

Ingredients: lean ground beef, oat flour, ketchup, cheddar cheese, eggs, chopped bacon, diced onions, Worcestershire sauce, garlic powder, onion powder, salt, pepper. **Glaze:** ketchup, molasses, brown sugar, tomato paste, Worcestershire, red wine vinegar, OJ concentrate, liquid smoke, hot sauce, salt.

Please Note: Because Dinner Done dishes are hand-crafted, exact information may vary. Serving size: 3 servings per entrée, unless otherwise stated.



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