

Milano Chicken

Cooking Instructions

This dish includes 2 parts: Chicken and Sauce.

Chicken Cooking Method – Choose One:

Freezer to Oven: Preheat oven to 350F. Bake, loosely covered with foil, for 45 minutes. Uncover and bake 20-40 more minutes until internal temp is reached.

Thawed to Oven: Preheat oven to 350F. Bake, uncovered, for 45-55 minutes until internal temp is reached.

Sauce: In a small saucepan, heat sauce over medium heat until heated throughout and sauce thickens to your taste. Spoon sauce over chicken.

Internal Temperature: 165F.

Serving Suggestions: Spoon sauce over chicken or serve on the side. Buttered angel hair pasta, fresh asparagus. Chianti.

Please Note: Cooking times are estimates and vary based on your actual oven, stovetop, or slow cooker, as well as item thickness and starting temperature. For best results, always verify the internal temperature of your meals. We recommend instant-read pocket thermometers – they are inexpensive, convenient, and very easy to use.



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