



Ranch Chicken Fingers

Nutritional Information

Per Serving: Chicken Fingers: 280 cal, 5g fat (2g sat), 90mg chol, 390mg sodium, 8g carb, 1g fiber, 2g sugar, 38g protein. **Ranch Dressing:** 40 cal, 3g fat (1g sat), 6mg chol, 100mg sodium, 2g carb, 1g sugar, 1g protein.

Contains: Dairy. Wheat. Egg (sauce).

Lifestyle: Nut-Free. No Added Sugar.

Ingredients: chicken breast strips, panko breadcrumbs, parmesan cheese, buttermilk, dried parsley, dill, black pepper, garlic salt, ranch dip (buttermilk, sour cream, mayonnaise, salt, pepper).

Please Note: Because Dinner Done dishes are hand-crafted, exact information may vary. Nutritional information calculated based on 3 servings per entrée.



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