

Teriyaki Pork Tenderloin over Pineapple Rice

Nutritional Information

Per Serving: Pork Tenderloin: 350 cal, 9g fat (3g sat), 110mg chol, 800mg sodium, 30g carb, 0g fiber, 36g protein. **Pineapple Rice:** 225 cal, 5g fat (2g sat), 0mg chol, 530mg sodium, 44g carb, 1g fiber, 4g protein.

Contains: Soy.

Lifestyle: Gluten-Free. Dairy-Free. Nut-Free.

Ingredients: pork tenderloin, brown sugar, GF soy sauce, sherry, minced garlic, tomato paste, canola oil, rice flour, GF/DF chicken base. **Rice:** white rice, pineapple tidbits, sweetened coconut flakes, canola oil, GF/DF chicken base, sliced green onions, salt.



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