

Beef Barbacoa Tacos ?

Nutritional Information

This dish includes 4 parts: Beef, Cheddar Cheese, Tortillas, and Fresh Cabbage.

Per Serving: Beef: 330 cal, 15g fat, 6g saturated fat, 120mg cholesterol, 480mg sodium, 8g carbohydrates, 1g fiber, 38g protein.

Tortillas: 200 cal, 4g fat, 1g saturated fat, 0mg cholesterol, 340mg sodium, 34g carbohydrates, 2g fiber, 5g protein. **Cheddar:** 115 cal, 9g fat, 6g saturated fat, 30mg cholesterol, 175mg sodium, 0g carbohydrates, 0g fiber, 7g protein.

Contains: Wheat. Dairy.

Lifestyle: Nut-Free. No Added Sugar.

At-Home Modification: Easily made gluten-free, keto-friendly with at-home modifications.

Ingredients: beef, cheddar cheese, flour tortillas, sliced cabbage/carrot blend, crushed tomato, diced onion, minced garlic, chili powder, salt, spices.

Please Note: Because Dinner Done dishes are hand-crafted, exact information may vary. Serving size: 3 servings per entrée, unless otherwise stated.



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