

Lemon Turmeric Chicken Thighs over Rice ?

Nutritional Information

Per Serving: Chicken: 300 cal, 15g fat, 3g saturated fat, 130mg cholesterol, 530mg sodium, 11g carbohydrates, 1g fiber, 3g sugar, 29g protein. **Rice:** 229 cal, 0g fat, 0g saturated fat, 0mg cholesterol, 3mg sodium, 50g carbohydrates, 1g fiber, 4g protein. Sodium in rice does not include salt added at home.

Contains: No major allergens.

Lifestyle: Gluten-Free. Dairy-Free.

Ingredients: chicken thighs, diced onion, rice, rice flour, extra virgin olive oil, minced cilantro, minced garlic, salt, turmeric, black pepper, lemon.

Please Note: Because Dinner Done dishes are hand-crafted, exact information may vary. Serving size: 3 servings per entrée, unless otherwise stated.



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