# Asian Green Beans

## Cooking Instructions

**This is an all-in-one dish.**

**Freezer to Skillet:** Place in a large skillet over high heat, stirring occasionally until all moisture evaporates. Lower heat to low and sauté until garlic bits and bottom of pan are slightly brown, stirring frequently.

**Internal Temperature:** 165F.

**Please Note:** Cooking times are estimates and vary based on your actual oven, stovetop, or slow cooker, as well as item thickness and starting temperature. For best results, always verify the internal temperature of your meals. We recommend instant-read pocket thermometers – they are inexpensive, convenient, and very easy to use.

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