Beef Tips with Bourbon Onions over Polenta

Nutritional Information

Per Serving: Beef & Onions: 210 cal, 13g fat (4g sat), 60mg chol, 590mg sodium, 8g carb, 1g fiber, 4g sugar, 15g protein. **Polenta**: Nutritional information coming soon.

Contains: Dairy.

Gluten-Free. Note that this dish contains a touch of Bourbon.

Ingredients: Beef, sliced onion, olive oil, butter, canola oil, bourbon, spices, sugar, ground rosemary, salt, pepper. **Polenta**: Polenta, butter, parmesan cheese, powdered milk, salt, pepper.

Please Note: Because Dinner Done dishes are hand-crafted, exact information may vary. Serving Size: 3 servings per entrée unless otherwise stated. Nutritional information provided is per serving.

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