Cashew Chicken Stir Fry over Rice

Nutritional Information

Per Serving: Chicken & Cashews: 445 cal, 17g fat, 3g saturated fat, 82mg cholesterol, 1100mg sodium, 22g carbohydrates, 2g fiber, 7g sugar, 39g protein. **Rice:** 230 cal, 0g fat, 0g saturated fat, 0mg cholesterol, 0mg sodium, 50g carbohydrates, 1g fiber, 0g sugar, 4g protein. Assumes no salt added.

Contains: Soy. Tree Nuts/Cashews.

Lifestyle: Gluten-Free. Dairy-Free.

Ingredients: chicken breast, jasmine rice, diced onions, red bell pepper, green onions, cashews, gluten-free soy sauce, brown sugar, rice flour, fresh ginger, fresh garlic, vegetable base, vinegar, cardamom, coriander.

Please Note: Because Dinner Done dishes are hand-crafted, exact information may vary. Serving size: 3 servings per entrée, unless otherwise stated.

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