Panko Tilapia with Hawaiian Butter Sauce

Nutritional Information

Per Serving: 435 cal, 28g fat (8g sat), 90mg chol, 520mg sodium, 11g carb, 1g fiber, 24g protein.

Tip: Omit butter entirely and reduce fat by 13g.

Contains: Dairy. Wheat. Tilapia.

Lifestyle: Nut-Free.

Ingredients: tilapia, panko breadcrumbs, sour cream, canola oil, cilantro, spices. **Hawaiian Butter Sauce:** coming soon.

Please Note: Because Dinner Done dishes are hand-crafted, exact information may vary. Serving size: 3 servings per entrée, unless otherwise stated.

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