Quinoa Turkey Meatloaf

Nutritional Information

Per Serving: 390 cal, 17g fat (4g sat), 151mg chol, 1150mg sodium, 28g carb, 3g fiber, 30g protein.

Contains: Egg. Seafood. Wheat (from Worcestershire).

Lifestyle: Nut-Free. Dairy Free.

Ingredients: ground turkey, quinoa, diced onion, chopped spinach, egg, crushed tomato, canola oil, Worcestershire, cornstarch, hot sauce, brown sugar, salt, pepper.

Please Note: Because Dinner Done dishes are hand-crafted, exact information may vary. Serving size: 4 servings per meatloaf.

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