Shredded Brussels Sprouts ?

Cooking Instructions

This side dish has 2 parts: Fresh Shredded Brussels Sprouts and Olive Oil-Butter Blend.

Cooking Method – Choose One:

Fresh to Skillet: In a skillet over medium heat, add contents of the Olive Oil-Butter Blend. Add the fresh shredded Brussels sprouts and toss. Add 1/4 cup water, then cook, stirring occasionally, until sprouts are lightly browned, about 5 minutes.

Fresh to Oven: Preheat oven to 375°F. Place sprouts on a parchment- or foil-lined sheet. Melt Olive Oil-Butter Blend in microwave for 10 seconds, then toss and mix over shredded sprouts. Bake for 12–17 minutes, until slightly browned. Toss and bake for another 5 minutes.

Please Note: Cooking times are estimates and vary based on your actual stovetop or oven, as well as item thickness and starting temperature. For best results, cook until lightly browned and heated through.

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